

Call for Proposals

2026 Conference on Writing and Wellbeing

Theme: *Relational Resilience: Writing, Wellbeing, and the Spaces Between*

January 6-9, 2026 | The University of Arizona | Tucson, Arizona

The 2026 Conference on Writing and Wellbeing invites proposals that explore the intersection of **writing, resilience, and relationality**. We are especially interested in proposals on these topics as they emerge in the liminal spaces between disciplines, roles, identities, bodies, institutions, technologies, and ecologies.

This year's theme, *Relational Resilience: Writing, Wellbeing, and the Spaces Between*, builds upon the powerful conversations from the 2025 conference, where participants centered embodied practice, contemplative pedagogy, political resistance, cultural inclusivity, and the emotional labor of teaching and learning. Presenters examined the ways writing can serve as medicine, protest, reflection, restoration, and connection. Educators and scholars shared how they cultivate wellbeing in third spaces, cross-cultural classrooms, and in the face of creative, professional, and systemic burnout.

We especially welcome proposals that:

- Explore **embodied, contemplative, and mindful writing practices** that support personal or collective healing
- Engage with **cross-cultural and linguistically inclusive pedagogies** that center student and faculty wellbeing
- Examine writing's role in **resistance to authoritarianism**, censorship, or injustice
- Consider **the emotional and professional complexity** of hybrid or "third-space" institutional roles
- Investigate how writers and teachers are navigating emerging tensions between **AI and human creativity**
- Highlight collaborative, relational, or ecological models of resilience

We hope to gather practitioners and scholars from across writing studies, education, healthcare, activism, arts, and public life to deepen the dialogue on how writing can sustain and transform wellbeing in our communities.

Learn More:



writingandwellbeing.arizona.edu

Proposal Formats

We invite submissions in the following formats:

- **Individual Panel Presentation:** A 20-minute presentation. We will pair you with two other presenters on related topics.
- **Group Panel Presentation:** A session for pre-organized groups of 2–3 presenters. Each presenter will have 15–20 minutes to speak.
- **Roundtable Discussion:** A collaborative format ideal for larger groups or free-form discussions.
- **Workshop:** Highly interactive sessions centered on audience engagement. Workshops are best suited for 1–2 facilitators focused on hands-on learning and group participation.

All sessions will last 75 minutes, including 15 minutes for Q&A to foster dialogue with the audience.

Proposal Requirements

- **Elevator Pitch:** A brief abstract (~50 words) that captures the essence of your proposal.
- **Detailed Abstract:** A longer abstract (~250 words) that offers more context and insight into your topic. Submissions slightly over or under this word count are welcome.

We look forward to your submissions and to creating a dynamic conference experience that inspires meaningful connections between writing and wellbeing.

Proposal submission deadline: **Monday, October 27, 2025**
Submit your proposal via this [Google Submission Form](#).

For questions, contact:
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